St. Francis Foundation Weaves the Safety Net for Our Most Vulnerable With 2016 Community Health Grants

St. Francis Foundation of Santa Barbara grantee organizations were awarded a combined $940,000 for programs providing healthcare to those most in need throughout Santa Barbara’s South Coast. CONTINUED ON PAGE 4.

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St. Francis Foundation 2016 Grants Luncheon.
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Parish Nurse Jan Fadden leads a class at Hotel de Riviera.
READ PARISH NURSING STORIES ON PAGE 7.
Dear Friends,

As Board President for the St. Francis Foundation, I am honored to be part of our extraordinary work helping very low income members of our community access vital healthcare interventions. I’m in awe of the expertise and kindness of our Parish Nurses. I am moved by the positive impact the programs supported by the St. Francis Foundation have on the people they serve—whether they are young or old, homeless or housed, part of caring families or living alone.

I hope you will feel the same as you turn these pages, reflecting on all we have accomplished together this year. And as you read on, I hope you will also imagine how many lives we will heal in the year ahead.

Please join us in celebrating all our 2016 community health grant awardees and the important work that they do. Join us in cheering on Karen and Troy, each whose resilience is so inspiring. Then wish all the best to Kelsy and all 10 2016 St. Francis Foundation Nursing Scholarship recipients.

As board president, I am determined to make our community more aware of the ways St. Francis Foundation puts compassion into action. Our Parish Nurses empower people – fostering self-sufficiency through health education. But our Parish Nurses are also very often serving a person who has suffered unimaginable loss, or caring for someone that no one else would. The grace of the St. Francis Foundation legacy is strong. It lives on through our Parish Nurses and through those who support this mission.

In the community, our Parish Nurses are the hands of healing - our program grantees are the faces and often the places of caring. As a supporter of St. Francis Foundation, you join our collective voice of compassion. By sharing your passion for the St. Francis Foundation mission, you can help us bring health and hope to even more of our neighbors in the very greatest need.

Kathleen Baushke
Board President

The St. Francis Foundation of Santa Barbara promotes and supports health and healing in the Santa Barbara South Coast community, with particular attention to those most in need.
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Parish Nursing Community Outreach Program
Your Help is Making a Difference!

St. Francis Foundation is the primary funder of the Parish Nursing Community Outreach Program, operated by Cottage Health System. The Parish Nursing Program has been serving our local community since 1995, and became a program of Cottage Hospital in 2003, with the closing of St. Francis Medical Center.

The Parish Nurses partner with several local faith communities and service agencies such as: PATH, Transition House, Faulding Hotel, Hotel De Riviera (our community homeless shelters), Catholic Charities, St. Vincent’s Villa Caridad, Garden Court, Villa Santa Fe, and other low-income senior housing units, PathPoint Behavioral Health Program that serves over 125 mental health clients and also 6 churches. The nurse acts as a client-advocate who educates, assesses and refers individuals to appropriate agencies to meet their healthcare needs.

14,000 = People Served Through Care, Healing & Education
St. Francis Foundation Grants Luncheon

Thank You to Everyone Who Made the 2016 Luncheon a Success!

We awarded $940,000 in grants to support these amazing organizations and their missions to provide health care, nursing and end-of-life care. We’re so happy to share the community with groups like you!

St. Francis Foundation of Santa Barbara 2016 Grant Recipients:

- **Carrillo Counseling Services (New Beginnings Counseling Center):** Funding for mental health counseling
- **The Cecilia Fund (St. Cecilia Society Fund):** Funding for low-income residents with critical medical/dental needs
- **Cottage Health:** Funding for Parish Nursing & Palliative Care Programs
- **Doctors Without Walls:** To fund direct costs of Street Medicine Program
- **Family Service Agency:** To support Senior Services Program for at-risk seniors
- **Foodbank of Santa Barbara County:** Funding for the Diabetes Impact Group programs
- **Friendship Center Adult Day Center:** Funding toward medical services & day services for seniors with Alzheimer’s or needing day supervision
- **Jodi House:** Brain Injury Support Programs
- **Mental Wellness Center:** General support for mental health programs
- **Pacific Pride Foundation:** To support Community Wellness/HIV Education Program
- **PathPoint:** To cover the costs of program supplies for community based nurse program
- **Peoples’ Self-Help Housing:** To support clinical case management services in South County
- **SBCC Foundation:** Support for five scholarships for students earning their Associate Degree of Nursing
- **Santa Barbara Neighborhood Clinics:** Operating support for services to low-income residents in our community
- **Sarah House:** To support operating expenses caring for low-income residents who are dying in their social-model hospice facility
- **The Scholarship Foundation Of Santa Barbara:** Support for five scholarships for students earning their Bachelor of Science Degree in Nursing at Cal State Channel Islands Goleta campus
- **Teddy Bear Cancer Foundation:** For financial assistance for families of children with cancer
- **Willbridge:** For general support for transitional and supportive housing to challenging individuals in Santa Barbara County, the chronic homeless, mentally ill adults

**Parish Nursing Hispanic Outreach Program**

“We could not reach as many people as we do now if this group of loyal volunteers were not 100% involved. They know the community, they know the needs, and are compassionate advocates for the people we serve. They are truly St. Francis Angels.”

—ELLY WALTERS-BIBLE, PARISH NURSE
Greetings from San Francisco! I have the honor of serving as the Senior Vice President for Philanthropy at Dignity Health. I had the distinct pleasure of meeting many of the St. Francis Foundation board members at their Annual Angels Awards Luncheon in June at the First Presbyterian Church. During my visit, I was very impressed by the nearly $12 million in grants awarded since 2004 from the foundation to various entities throughout Southern Santa Barbara County, and enjoyed meeting representatives of this year’s grants as they received their awards. The diversification of the grants awarded and their impact clearly demonstrate the wonderful leadership of their board, led by past president Dianne Duva, current president Kathleen Baushke and Executive Director Debbie Cloud, as well as a dedicated board of directors.

As a large healthcare system, Dignity Health is leading initiatives to address major societal issues, and also serves as California’s largest safety net provider for health services. Our mission of low-cost, excellent care for everyone in our communities sets us apart from other health systems in the United States.

We hope you will continue to support the St. Francis Foundation of Santa Barbara in the years to come and remember our collective impact can truly change the world. To learn more about all the wonderful things we do in Philanthropy, visit the Dignity Health annual report at gettoknowphilanthropy.info

Sincerely,
Fred Najjar, Senior Vice President
Dignity Health Philanthropy

Sarah House

“We are overjoyed to be the recipient of a large and generous grant from the SFF, and it means a lot to a small nonprofit like our own. From our earliest days of care for men and women dying from HIV/AIDS until our transformation into a hospice residence, our Mission has been to the most vulnerable men and women in Santa Barbara.”

—DEBBIE MCQUADE, FORMER DIRECTOR
(NOW RETIRED AND MOVED TO OREGON)

PathPoint

“Your most welcome contribution will be used to purchase needed medical supplies for our community based nursing program, which serves individuals with psychiatric issues, while attending to their physical conditions to provide whole person care. We are most appreciative of your generosity.”

—CYNTHIA S. BURTON, PRESIDENT/CEO
AND STEPHANIE M. BOUMEDIENE, VICE PRESIDENT/DIRECTOR OF DEVELOPMENT

New Beginnings

“On behalf of New Beginnings Counseling Center, I would like to thank your organization for the generous grant for the Donald J. Willfong Community Counseling Clinic. Your commitment to helping address mental health and homelessness issues in our community is sincerely appreciated.” —KRISTINE J. SCHWARZ, EXECUTIVE DIRECTOR

Family Service Agency

“Thank you and please extend our heartfelt appreciation to everyone at the St. Francis Foundation for your generous grant for Family Service Agency’s Senior Services Program.”

—DR. LISA BRABO, PH.D., EXECUTIVE DIRECTOR
A Legacy for Local Seniors in Need: St. Francis Foundation Receives Endowment through Gretler Trust

The Myron and Pilar Gretler Trust recently gave a generous endowment of $1,920,000 to the St. Francis Foundation of Santa Barbara in support of geriatric care. Pilar Gretler, born in Pasadena, was a social worker in Nogales and taught at both Tucson High School and the University of Lima in Peru. Myron Gretler was a geologist and petroleum engineer across South America (Bolivia, Columbia, and Peru). The Gretlers lived in South America for over 25 years before moving to Santa Barbara where they resided in Montecito for another 23 years.

Mr. & Mrs. Gretler had planned early on to share what they could with causes that they cherished. The services they received for many years at St. Francis Hospital inspired them with the desire to give back through the St. Francis Foundation.

“St. Francis Foundation is grateful to the Gretlers and is honored to ensure that their wishes are carried out to support seniors in need throughout our community,” added Debbie Cloud, Executive Director of the St. Francis Foundation. To learn more about planned giving opportunities, please contact Debbie Cloud at (805) 563-4702.

Commemorative Blood Drive: A Special Day of Giving Back

By Elly Walters-Bible, Parish Nurse

On Sunday, September 11, 2016, United Blood Services, in coordination with the Cottage/St. Francis Parish Nurse Program sponsored a commemorative 15-year blood drive at St. Joseph’s Catholic Church in Carpinteria. 45 people were registered and 44 units were collected despite all of the other community events scheduled that weekend. The Blood Drive assures enough blood units for Santa Barbara County patients with blood disorders, trauma/accident victims, surgery, cancer and leukemia patients. We would like to extend an acknowledgement to Fr. Martini for his ongoing support and to all those donors and volunteers who donated.

St. Francis Foundation to Support DASH Program

For four years the DASH program has been assisting local seniors in Santa Barbara by offering rapid response medical house calls to those in need. Now, the St. Francis Foundation has established a fund to assist DASH, so that this important program can continue to provide care to all who need help, including those unable to pay.

The DASH program was envisaged by local physicians, and was awarded a prestigious Medicare Innovation Grant in 2012. Since then, DASH nurses and doctors have made more than 5,000 home visits, helping seniors to avoid many unnecessary and unwanted trips to the hospital. DASH has been able to serve more than 1,000 low-income seniors, but Medicare funds were only temporary, and the program now has to rely on support from the local community to continue.

“The program has been so successful that many seniors are now relying on it. They love the program and there is a lot of pressure to keep it going. Getting support from the local philanthropic community and the St. Francis Foundation will be very helpful.”

—DR. MICHAEL BORODOFSKY, DASH CO-FOUNDER

To support this invaluable local program, or for more information on DASH, call (805) 617-0049. Tax deductible donations for the DASH Program can be sent to the St. Francis Foundation DASH Patient Assistance Fund.

Helping the Community: Nursing Scholarships

St. Francis Foundation is grateful for your support of our longtime annual nursing scholarships with Santa Barbara City College; and since 2010 with Santa Barbara Scholarship Foundation for CSU Channel Islands Goleta campus. These programs help create a local source for nursing expertise in our own community!

“I feel certain that becoming a registered nurse is more than just a career goal. It is a lifelong passion. This is a career I can be fully invested in and feel proud and grateful to be a part of.”

—KELSY GOMPRT, ST. FRANCIS FOUNDATION NURSING SCHOLARSHIP RECIPIENT, CSU CHANNEL ISLANDS

“Your financial support makes a difference in the lives of SBCC students each year. This assistance, coupled with the vote of confidence each award represents, often makes the difference between success and failure for each of these deserving students…of all ages and from all walks of life.”

—GEOFF GREEN, CHIEF EXECUTIVE OFFICER AND GRETCHEN A. HEWLETT, CHIEF DEVELOPMENT OFFICER, SBCC FOUNDATION

Elly Walters-Bible (second from left) with donors at the St. Joseph’s blood drive.
Troy: From Despair to Daylight

Troy L. came to Santa Barbara five years ago after a stroke left him confined to a wheelchair. He was broken, living on the streets, and using alcohol as a coping mechanism. Prior to his stroke, Troy was an EMT and a loving father to his three daughters. After multiple attempts to turn things around, Troy finally found himself on a medical bed at Path SB where he would begin rebuilding his life. He reconnected with his family and began attending groups at Jodi House. In July, 2016, Troy secured housing in Santa Barbara with the help of PATH Medical Director Parish Nurse Jan Fadden. It was a joyous occasion for Troy, his family, and the collaborative effort of so many that made it possible for Troy to obtain housing.

Parish Nursing Stories

Parish Nurses serve throughout the south coast, reaching the vulnerable through partner nonprofits and other agencies. Trinity Evangelical Lutheran Church in Santa Barbara is one of six area churches where Parish Nurses are able to reach and support our community’s vulnerable.

Karen’s Story: The Strength to Survive

By Sharon Troll Head, Parish Nurse

Over the past ten years, I have been the Parish Nurse for Trinity Evangelical Lutheran Church in Santa Barbara, California. I have had the privilege of working with many parishioners. The nurse-patient relationship is unique in the church setting, yet the underlying principles of the therapeutic relationship are the same: respect, confidentiality, trust, empathy, active listening and effective communication. I met Karen Wilson ten years ago, three years after her first live donor kidney transplant from a fellow church member. Ten years later, on July 19, 2016, Karen was blessed to receive her second live donor kidney transplant at Cedars Sinai Hospital, once again from another fellow church member. Karen and I have journeyed together through many health and life challenges, including the failure of her first transplanted kidney, the loss of her dear father and mother, the challenges of kidney dialysis and the ongoing management of medication-induced diabetes. Faith Community Parish Nursing focuses on care of the spirit as well as promoting healing of the whole person in mind, body and spirit.

“...out of nowhere, a car door opened on the driver’s side and knocked me to the street.”

Mike & the Bike: Parish Nursing Community Education Saves a Life

Anyone who has attended the St. Joseph’s Church Carnival in the summertime may know the Gilligan family who operate the “Best Strawberry Shortcake Venue West of the Mississippi River.” During the 2014 festival, Mike Gilligan heard a hustle and bustle of children in the parish hall, and discovered kids being fitted for bike helmets and learning about the helmet law from Liz Taylor, Injury Prevention Coordinator for SB County Bike Helmet Trauma Services and Parish Nurse Elly Walters-Bible. Mike was awarded a helmet for his volunteer assistance, and accepted it with much hesitancy, as bicycling was not his normal mode of transportation.

Fast-forward to November: Mike was riding his bike, following the safety rules: “…out of nowhere, a car door opened on the driver’s side and knocked me to the street.”

Mike was transported by EMS and treated at the Cottage Hospital emergency room trauma services. He had the original helmet presented to him back in July at St. Joseph’s! The physician from the trauma unit reassured him that had it not been for that protection, his injuries may have resulted in a permanent head injury.

Working together, parents and adult bike riders can minimize accidents and injuries by checking their equipment, learning safety rules of the road, and sharing ideas of concern with one another.

Karen (Parish Nursing Client)

“My life requires me to stay focused on God which keeps me spiritually strong, and the support from my faith community continually strengthens my faith and encourages me on my health journey. As my Parish Nurse, I can count on Sharon. Her work reflects intelligence, professionalism, compassion, empathy, faith, and kindness, all of which are essential to my recovery.”

—KAREN (PARISH NURSING CLIENT)
Your Support is Critical to the Health of Our Most Vulnerable Families and Seniors. Donate Online Today! Visit www.stfrancisfoundationsb.org

**Parish Nursing Impact**

With your support, the Parish Nursing Community Outreach Program is expected to reach over 14,000 people in need this year. In the past six months, Parish Nurses have already brought care and healing to more than 7,000 at-risk community members through home visits, health screenings and educational programs.

**Parish Nurses:**
Back, left to right: Sandy Gullett, Sharon Head, Jan Ingram
Front: Claudia Wood, Cathy Mollkoy, Jan Fadden (Elly Walters-Bible and Patty Long not pictured)

**Creativity for a Cause**

Parish Nursing Manager Jan Ingram and her husband, Henry Garrett, built and decorated a doll house and shadow boxes to bring awareness to, and raise funds for the St Francis Foundation and its programs helping those most in need in our community. To bid on either of the shadow boxes or the doll house, call or email the Foundation office at info@stfrancisfoundationsb.org or (805) 563-4702. There currently is a bid of $500 on the doll house.

Hand-crafted doll house and shadow boxes now up for auction!