Cover Sheet

Foundation you are apply	ying to: St. Francis Found	ation of San	a Barbara	
Legal Name of Applican	t Organization: Peoples' Se	elf-Help Hou	sing	
Project Name (if applical	ble): Heath and mental he	alth services	for low income people	
Funds will pay for: Ca	se worker salaries			
Full Mailing Address:	26 E. Victoria Street, Santa	Barbara CA	93101	
Location(s) if different fr	om above: 22 affordable	properties Sa	anta Barbara county	
Executive Director: Je	eanette Duncan			
Phone: (805) 540-24	154	Fax:	(805) 962-8182	
Email: jeanetted@p	shhc.org	Website:	www.pshhc.org	
Contact Person & Title:	Rochelle Rose CFRE, Dev. Director	Phone:	(805) 699-7227	
501(c)(3) Granted 	oundations require 501(c)(3) state Tax I.D. Number: 95-27501	54 Ot	her:	
	with individual foundations to			t requests.
		eed Funding		· ·
	ment ☐ Multi-Year	☐ Oth	er:	
This Grant Request: \$20		Total Project	Budget: \$710,000	
***************************************		To: 12/31/2	2014	
	get for Current Year: \$9,509		Fiscal year begins: 7/1	
Summarize the organization	on's mission statement (two to	three senten	ces):	
To provide affordable hou special needs groups on C	sing and programs leading to s California's Central Coast. We I	self-sufficiency have 2,000 re	/ for low-income families, sidents in Santa Barbara	seniors, and County.
Summarize your grant req	uest (two to three sentences):			
We are requesting \$20,000 for our much-ne low-income families, and special needs indicated and greater self-sufficiency. Government out	eeded Supportive Housing Program that provides e viduals. Our goal is to rebuild and improve the heal itbacks, the uncertainty of Obamacare, increasing r of mentally ill residents require the support of our so	iar of the poorest in ou	community—moving them towards stabilit	v. improved health
Proposal Authorization				
saomined with our board	tion in this application is to the b of Directors'/Governing Body's f	ull knowledge	and endorcements	
Jeanith N	unden Teanette	Dancan,	President/CE)
ignature	Name & Title of Authorized Bo	oard/Governing	g Body Representative	Date
Kochelle R	ne CFRE, Rocher	le Rose,	Development Dir	11-1-13
ignature	Name & Title of Authorized Bo	oard/Governing	g Body Representative	Date

4-page Narrative to the St. Francis Foundation From Peoples' Self-Help Housing

Preventative Health for Low Income Households and the formerly Homeless in Santa Barbara

Background

1. Organization's History & Accomplishments

Peoples' Self-Help Housing (PSHH) is a non-profit organization founded in 1970 by a group of citizens concerned with housing conditions of the poor and the impact these conditions had on their lives. As a result, PSHH was established with the mission is to provide affordable housing and programs leading to self-sufficiency for low-income families, seniors, and other special needs groups in various communities on the Central Coast.

In the past 43 years, we have achieved much success. We have assisted 1,200 low-income households to build and own their first home. We have built 1,520 rental units for low and extremely-low income households providing affordable rents in safe and attractive housing for over 2,000 adults in 22 complexes in greater Santa Barbara.

Fourteen years ago PSSH added its free Supportive Housing Program for residents. We recognized that many of our residents needed counseling, access to health care, case management, and supportive services. We hired a Licensed Clinical Social Worker (LCSW) to assess the needs and provide social services for these low-income and special needs residents who were dealing with problems such as physical disabilities, mental health issues, family stress, juvenile delinquency, advancing age, and/or transitioning from homelessness. In order to meet the increasing demand for supportive services, PSHH expanded the program in 2006 when bilingual clinicians were added. Now hundreds of PSHH residents a year receive SHP services which leads to stability in our families and in our neighborhoods.

2. Our current programs and activities and the constituency we serve.

SHP services are free and confidential to all PSHH residents. Residents may self-refer or may be referred by PSHH staff and property managers. Clinicians then meet with the resident or resident family in the privacy of their own home in one of our 22 affordable Santa Barbara properties in Carpinteria, Goleta, Santa Barbara, Isla Vista, Orcutt, Santa Maria, and Guadalupe. Our constituency is 89% Latino. All resident's incomes are 30-80% below the area median income (AMI).

However, each property accommodates a different population. For example, in downtown Santa Barbara we have a single-room occupancy residential property, the Victoria Hotel. This 28-room hotel is provided as transitional housing for disabled veterans, the formerly homeless, and those with mental health issues needing observation. The property is supervised, some housekeeping and meals are provided, rules and curfews are carefully enforced. Once stabilized, many of these residents graduate to our other properties where less supervision is required, such as their own apartment.

Our sites at the Dahlia Court Apartments and the Carpinteria Camper Park serve mostly low-income farm, orchard, and nursery workers. The Camper Park residents are technically categorized as 'homeless' because their tiny, dilapidated trailers (most without plumbing or heating) are not considered as permanent housing. In 2013 we added 33 new rental apartments, community room, medical clinic room, and offices at Dahlia Court 2. We plan a similar complex to replace the Camper Park, which will begin construction in early 2014.

The Ladera Apartments located on Santa Barbara's Westside is home to hundreds of households whose children are at risk of gang involvement and juvenile delinquency. Here our Supportive Housing workers facilitate individual and group counseling for adolescents and parents. A bilingual/bicultural clinician works with the youth on issues such as low self-esteem, gang influence, teen pregnancy, peer pressure, and substance experimentation/abuse. Young people have found the atmosphere non-judgmental and positive. They are free to share their thoughts, fears, concerns, and questions with the SHP clinician and to learn how to make good decisions and life plans. In addition, we provide free after school education for 350 K-6 children a day at seven on site Learning Centers.

Our current needs in the health field are to have our case workers help low literacy residents in the complicated and often confusing area of health insurance, the Affordable Care Act, and other entitlement programs. In the face of the challenging financial and real estate market conditions in our communities, PSHH has expanded its home counseling and education program with more workshops on foreclosure prevention, debt reduction, and household budgeting.

3. Organization's relationship with others and how we differ.

PSHH collaborates with many community-based organizations located including Salvation Army, Transition House, Casa Esperanza, S.B. County Alcohol, Drug and Mental Health Services, Housing Authority, local churches, CALM, Food Bank, and many others.

PSHH differs in that we provide housing *and* <u>onsite</u> supportive social services. Our case workers go to the client. There are no barriers such as transportation or access because services are provided free and in the convenience of the client's home.

PSHH is one of the few agencies that has the ability to set aside affordable units to house those who are transitioning from homelessness. PSHH follows the "Housing First" model by housing very low-income and homeless individuals first, and then providing intensive wrap-around services to them in their homes in order to stabilize them.

Funding Request

1. What need or problem does your project work to address?

PSHH's Supportive Housing Program addresses the problems that often accompany poverty such as poor health, low wages, joblessness, gang involvement, teen pregnancy, homelessness, physical and/or mental health issues, domestic violence, substance abuse, inadequate nutrition and dependence on hospital emergency rooms for medical care.

PSHH residents often indicate that they have difficulty navigating or receiving services in the government social service system. Many senior residents feeling overwhelmed and confused making health appointments and filling out complicated paperwork for insurance benefits. Residents have reported feeling intimidated and disoriented by language barriers and a lack of culturally sensitive resources and organizations. Tenants who are transitioning from homelessness require intensive assistance to adjust to permanent housing. SHP clinicians teach new residents skills to stay in housing, maintain a home, balancing finances, and receive referrals to other community resources.

With more homeless and increased requests for help from residents, Peoples' is requesting \$20,000. This funding will allow PSHH to have the needed clinicians serve more than 2,000 residents. We anticipate there will be an even greater need for these services as government budget cuts will reduce Medicare and other benefits. Unemployment and layoffs have put even more strain on low-income families trying to make ends meet.

2. Project Goals & Outcomes

The goal of the Supportive Housing Program is to keep families healthy, housed and to prevent homelessness. With the help of the St. Francis Foundation PSHH can sustain our capacity to respond and serve these needs. Funds are used for salaries of the social workers who work with the residents. We seek to improve the quality of life, moving low-income residents towards greater self-sufficiency and improved healthand.

Our objectives are:

- 1. 150 people will be provided counseling sessions on issues including conflict resolution, domestic violence, substance abuse, mental health challenges and family dysfunction. At the end of the counseling sessions, 80% of those participating will indicate that they are functioning better as a result of this service.
- 2. 175 residents will be helped with making and keeping health appointments. They will be assisted with transportation, provided health education opportunities, and assisted with insurance issues. 90% will indicate that the help was beneficial and that they are more likely to seek help on their own in the future.
- 3. 20 residents will be assisted in transitioning from homelessness to our permanent housing and will no longer use hospital emergency room as their primary source of medical care.

3. Project Evaluation

- This is an ongoing program.
- Target audience: 2,000 low income residents, 47% children. 100% low or extremely low income. 89% Hispanic, 1% Black, 1% Asian, 9% Caucasian.
- Activities/strategies: Case worker meets with resident(s) needing assistance as identified by
 themselves, property manager, or clinical referral. Staff compiles notes after every client
 meeting; client contact and case notes are confidentially recorded on the computer. Case plans
 are developed so that goals, such as making a health or dental appointment, are tracked.
 Meetings with case workers are at Peoples' offices or at the resident home so there are no
 transportation costs or issues. Program activity is analyzed monthly by the Program Manager
 and Deputy Director. In addition, client surveys are conducted annual to test resident

knowledge and satisfaction with the supportive housing program. Areas needing improvement will be reviewed by the Executive Director and Program Director.

- General timeline: ongoing, 24/7.
- **Most pressing needs of organization:** Support to pay for salaries for our case workers in order to keep our 2,000 low-income, elderly, and special needs residents housed and healthy.
- **5. Plans to evaluate effectiveness or impact of the project:** Staff compiles notes after every client meeting; client contact and case notes are confidentially recorded on the computer. Case plans and progress towards client goals are monitored. Effectiveness is analyzed monthly by the Program Manager and President/CEO. In addition, client surveys are conducted annual to test resident knowledge and satisfaction with the supportive housing program. Areas needing improvement will be reviewed by the Executive Director.

6. Skills and Experience of Key Staff Members

Rick Gulino, LCSW, is the Director of Health and Community Services for PSHH. Rick holds a B.S. degree in Social/Psychology from the University of Massachusetts and Masters of Social Work from California State University, Long Beach. He has managed a school-based treatment program for troubled youth, day treatment setting for emotionally disturbed youth and has worked in a rehabilitation facility for those with psychosocial disturbances. Mr. Gulino has worked as an outreach worker for those who are homeless and suffer from mental illness.

Kristin Tippelt joined SHP as a Social Worker in the Supportive Housing Program in 2009. She assists individuals' transition from homelessness to permanent housing at People's affordable rental properties. Tippelt graduated from Columbia University with a Master's degree in social work. She provided case management and counseling services to the chronically homeless and to foster children in New York City before moving to Santa Barbara.

Brittany Carraway MSW, is a Peoples' Housing and Urban Development service coordinator. She holds a Master's degree in Social Welfare with a specialization in gerontology from UCLA. She also graduated from UCSB with majors in psychology and sociology. Brittany completed internships at the Department of Veterans Affairs in Los Angeles and at Shields for Families in Lynwood. At Shields she provided individual therapy in a dual diagnosis treatment program for women in families impacted by child abuse.

Jim Healy is Peoples' Housing and Urban Development service coordinator. Jim received a bachelor's degree in psychology and gerontology from Cal Poly University, San Luis Obispo. He later earned a Master's degree in psychology from Cal Poly. He worked in various positions at Hospice for nine years. Jim has a large knowledge of community resources available to seniors and enjoys working with this population.

7. Contingency Plan

PSHH will actively pursue other sources of funding from foundations, individuals, and corporations.

Board of Directors/Governing Body

Directions: Attach additional sheets if necessary.

Name	City	Affiliation/Profession	Board Position	Yrs. of Service
Jeannie Barrett	Santa Maria	CRLA Attorney	Member	12
Jolie Ditmore	Morro Bay	Owner, CEO Medicorp	Member	6
Dieter Eckert M.D.	Paso Robles	Physician, Radiology	Member	28
Jose Flores	Lompoc	General Contractor	Member	3
Charles Fruit	San Luis Obispo	Bank Executive V.P.	Member	27
Ray Gateley	Santa Barbara	Civil Engineer	Member	13
David Gustafson	Santa Barbara	Ret., Housing Manager	Vice President	4
Carolyn Johnson	Pismo Beach	City Planning Manager	President	24
Karol Schulkin	Ventura	Co. Homeless Prog. Mgr.	Member	3
Rev. Charles Stacy	Santa Ynez	Ret., Episcopal Rector Emeritus	Member	5
				11

How often does your governing body meet?

Bi-monthly

SUPPORTIVE HOUSING PROGRAM BUDGET FOR FYE 14

REVENUES	Proposed Budget FYE 14
Neighborworks Grant	
CDBG - City of Goleta	70,428
CDBG - City of Santa Barbara	5,000
CDBG - County of SB /City of Carpinteria	4,500
CDBG - City of Ventura	
City of Pismo Beach	500
City of San Luis Obispo	5,000
County of SLO - Preventive Healthcare (PHG)	15,000
HPRP City of Santa Maria Stimulus	'-
HPRP County of San Luis Obispo	_
HUD/U.S. Dept. of Housing and Urban Development	116,716
Ventura Social Services Task Force	10,000
Grant Revenue	227,144
Assistant Manager Revenue (LADMII)	15,000
Assistant Manager Revenue (Casas)	5,000
Assistant Manager Revenue (Ladera)	
Assistant Manager Revenue (LADM)	28,800
Assistant Manager Revenue (Mariposa)	12,000
Assistant Manager Revenue (Riverview)	10,000
Supportive Housing Fees from Props	12,000
Property Service & Program Revenue	388,948
Avila Beach Community Foundation	471,748
SLO Community Foundation	2,000
United Way of SLO County	5,000
Other	2,500
Donation Revenue	2,500
Donation Revenue	12,000
·	
TOTAL REVENUE	S 710,892
EXPENDITURES	Proposed
	Budget FYE 14
Salaries & Benefits	466,119
Employment Services	364
Mileage	4,000
Travel	11,000
Workshops	3,000
Meals	175
Dues Utilities	650
	1,500
Supplies	1,500
Postage	750
Equipment Lease	150
Repairs/Maintenance	1,200
Computer Supplies	750
Telephone Printing	4,500
Insurance	150
Taxes & Licenses	1,200
	1
Furn/Fix/Equip. < \$5K	350
TOTAL OPERATING EXPENSES Other Expenses	497,360
Carlot Expenses	
Indirect	044.65
	211,493
TOTAL EXPENDITURES	700.0=0
NET INCOME (LOSS) before depreciation	708,852
Depreciation Expense	2,040
,	2,040
NET INCOME (LOSS)	(0)
·	

PEOPLES' SELF-HELP HOUSING CORP. 26 E. VICTORIA STREET SANTA BARBARA, CA 93101

Organization Financial Summary

Note: Check with each foundation to see if this form is required.

Organization Name: Peoples' Self-Help Housing Fiscal Year Dates: July 1 - June 30

INCOME

Possible categories: Government grants, foundation grants, individuals, business support, events, fees for service, etc.

Source	Prior Year's Actual	Projected Annual Budget (\$)	YTD Actual (\$) as of [6/30/2013]
Federal Funds	1327365	755132	942974
State & Local Government Funds	138888	397528	275461
Foundations/Trusts	440220	251000	232933
Donations	219850	72002	283219
Low Income Housing Rents	5669692	5148500	4434487
Property Management & Construction Income	1630159	2929471	3354654
Gain on Sale of land	601869	-126000	267310
Interest & Other Income	263219	81650	228262
TOTAL INCOME	10291262	9509283	10019300

List the In-Kind (non-cash) contributions: fye13 - \$45,928

EXPENSES

Possible categories: Salaries, professional fees, rent and utilities, travel, publicity/outreach, events, etc.

		as of [6/30/2013]
3460392	3774119	3563504
91898	154431	124271
147973	125846	149981
153576	185728	197263
232321	165181	195162
32081		41105
45288	-	38097
2155336		1697188
2915985		2769938
198328		344708
		-315869
1570512	279919	8805348 1213952
		1210002
	91898 147973 153576 232321 32081 45288 2155336 2915985 198328 -712428 8720750	91898 154431 147973 125846 153576 185728 232321 165181 32081 32560 45288 48000 2155336 2044000 2915985 3090000 198328 259284 -712428 -649785 8720750 9229364 1570512 279919

Total Capital Expenses 75,000 75,526

i.e., computers, vehicles, building improvements, etc.:

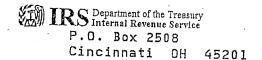
Notes:

YTD 2013 actuals are subject to audit adjustments. El Patio and Schoolhouse Lane housing complex rental income will be included in FYE 2013 actual income at the time of audit; this is the reason why housing rent income is so low this year prior to the audit.

Organization Balance Sheet Summary

Note: Check with each foundation to see if this form is required.

ASSETS	MOST CURRENT (\$) as of [6/30/2013]	PRIOR YEAR CLOSE (\$)
Current Assets	45 01 6/30/2013	
Cash and Equivalents	8645004	0.1000
Accounts Receivable	2717833	842294
Prepaid Expenses	139216	203676
Inventory	100210	11952
Grants/Pledges Receivable	1070175	16830
Other -	2676901	407047
Fixed Assets (Net)	2070301	407347
Property	28629406	2750404
Buildings	20020700	3759181
Equipment		
Investments		
Endowments	171031	F- F- 4 -77
Other	16017106	551770
TOTAL ASSETS	60066672	1166470
	0000072	6462931
LIABILITIES		
Current Liabilities		
Accounts Payable	2399700	2405700
Accrued Expenses	200700	2165768
Long Term Debt (Current Portion)	698602	679801
- Short Term Debt		
Other	1449257	251059
Long Term Debt (over a year)	11.020.	251059
Loan	33712926	36712605
Other	1733459	1884240
FOTAL-LIABILITIES	39993944	41693473
		41093473
Net Assets		
Unrestricted	19161969	22388406
Temporarily Restricted	739728	124914
Permanently Restricted	171031	422522
TOTAL LIABILITIES AND NET ASSETS	60066672	64629315



RECEIVED JUN 1 7 2008

In reply refer to: 0248204092 June 13, 2008 LTR 4168C E0 95-2750154 000000 00 000 00020667

BODC: TE

PEOPLES SELF-HELP HOUSING CORPORATION 3533 EMPLEO ST SN LUIS OBISP CA 93401-7334330

A COL

33043

Employer Identification Number: 95-2750154

Person to Contact: Ms. Lumpkins
Toll Free Telephone Number: 1-877-829-5500

Dear Taxpayer:

This is in response to your request of June 04, 2008, regarding your tax-exempt status.

Our records indicate that a determination letter was issued in July 1971, that recognized you as exempt from Federal income tax, and discloses that you are currently exempt under section 501(c)(3) of the Internal Revenue Code.

Our records also indicate you are not a private foundation within the meaning of section 509(a) of the Code because you are described in section(s) 509(a)(1) and 170(b)(1)(A)(vi).

Donors may deduct contributions to you as provided in section 170 of the Code. Bequests, legacies, devises, transfers, or gifts to you or for your use are deductible for Federal estate and gift tax purposes if they meet the applicable provisions of sections 2055, 2106, and 2522 of the Code.

If you have any questions, please call us at the telephone number shown in the heading of this letter.

Sincerely yours,

Michele M. Sullivax

Michele M. Sullivan, Oper. Mgr. Accounts Management Operations I